



Shen Mind & Body LLC

4102 MARLBOROUGH DR.

HOUSTON, TX 77092

☎ (832) 916-8086

Aroma Yoga ® Class Participant Consent

I, _____ understand that the Aroma Yoga® class I participate in is designed for stress reduction, relief of muscular tension, improvement of mobility and circulation and general relaxation.

I understand that Keri Lynne Swannie with Shenmindandbody, LLC does not diagnose or treat illness, disease or any other physical or mental disorder nor does he/she prescribe medications.

I take full responsibility for informing her about any health condition that may affect my participation in this class.

I understand this class is not a substitute for medical examination or diagnosis and that it is strongly recommended that I see a physician for any health ailment that I might have.

I understand that I am agreeing not to make further claims or demands on and further, not to sue or take legal action against (*Shenmindandbody LLC with Keri Lynne Swannie, _____*) for strict liability, malpractice, breach of contract or any other cause of action which may arise from this service.

I understand it is extremely important that I inform the Aroma Yoga® teacher of any pertinent health information or medications that I am currently taking.

Class Participant Signature

Date